November 2026

Lakes of Paducah Senior Living

ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 9:30 AM - Bible Study, Pat Coughlin 10:00 AM - Reminiscing with Neighbors 2:00 PM - Bingo	**02** 10:30 AM - Walking Club 1:00 PM - Card Club 1:30 PM - TriOminoes (BR) 3:00 PM - Danny Orzine	**03** 10:00 AM - Devotion with Karen 10:30 AM - Casino Trip 1:30 PM - Music with Herb Estes	**04** 9:30 AM - Residents to Stores 10:30 AM - Walking Club 1:30 PM - Bingo (BR) 3:00 PM - Social Hour (RC)	**05** 10:00 AM - Devotion with Karen 1:00 PM - Show & Tell 2:00 PM - Get Fit with Atlas (BR) 3:00 PM - Welcome Party	**06** 10:30 AM - Walking Club 1:00 PM - Book Club 1:30 PM - Bean Bag Toss 3:30 PM - Trivia	**07** 10:00 AM - Reminiscing with Neighbors 1:00 PM - Card Club 2:00 PM - Music with Cody Campbell 3:00 PM - BYOB Resident Social
08 9:30 AM - Bible Study, Pat Coughlin 10:00 AM - Reminiscing with Neighbors 2:00 PM - Bingo	**09** 10:30 AM - Walking Club 1:00 PM - Card Club 2:30 PM - Quilt Museum 3:00 PM - Danny Orzine	**10** 10:00 AM - Devotion with Karen 11:00 AM - Lunch at Big Ed's 1:15 PM - Paint with Jacqueline	**11** 9:30 AM - Residents to Stores 10:30 AM - Veteran's Day Parade 1:30 PM - Bingo (BR) 2:30 PM - Allegro Stands Together: Veteran's Day Tribute 3:30 PM - Social Hour (RC)	**12** 10:00 AM - Devotion with Karen 1:00 PM - Show & Tell 2:00 PM - Get Fit with Atlas (BR)	**13** 10:30 AM - Walking Club 1:00 PM - Book Club 1:30 PM - Bean Bag Toss 2:30 PM - Music with Eric Barron 3:30 PM - Trivia	**14** 10:00 AM - Reminiscing with Neighbors 1:00 PM - Card Club 3:00 PM - BYOB Resident Social
15 9:30 AM - Bible Study, Pat Coughlin 10:00 AM - Reminiscing with Neighbors 2:00 PM - Bingo	**16** 10:30 AM - Walking Club 1:00 PM - Card Club 1:30 PM - TriOminoes (BR) 3:00 PM - Danny Orzine	**17** 10:00 AM - Devotion with Karen 1:15 PM - Craft (BR) 2:00 PM - Town Hall and Food Council Meeting	**18** 9:30 AM - Residents to Stores 10:30 AM - Walking Club 11:00 AM - Thanksgiving Meal 1:00 PM - Library Bus 1:30 PM - Bingo (BR) 3:00 PM - Social Hour (RC)	**19** 10:00 AM - Devotion with Karen 1:00 PM - Show & Tell 1:00 PM - Fall floral arranging 2:00 PM - Get Fit with Atlas (BR) 3:00 PM - Activities Council	**20** 10:30 AM - Walking Club 1:00 PM - Book Club 1:30 PM - Bean Bag Toss 3:00 PM - Bingo Store	**21** 10:00 AM - Reminiscing with Neighbors 1:00 PM - Card Club 3:00 PM - BYOB Resident Social
22 9:30 AM - Bible Study, Pat Coughlin 10:00 AM - Reminiscing with Neighbors 2:00 PM - Bingo	**23** 10:30 AM - Walking Club 1:00 PM - Card Club 1:30 PM - TriOminoes (BR) 3:00 PM - Danny Orzine	**24** 10:00 AM - Devotion with Karen 1:15 PM - Funky Monkey Pottery (BR) 4:00 PM - Dinner at Cracker Barrel	**25** 9:30 AM - Residents to Stores 10:30 AM - Walking Club 1:30 PM - Bingo (BR) 3:00 PM - Social Hour (RC)	**26** 10:00 AM - Devotion with Karen 1:00 PM - Show & Tell 2:00 PM - Get Fit with Atlas (BR)	**27** 10:30 AM - Walking Club 1:00 PM - Book Club 1:30 PM - Bean Bag Toss 2:00 PM - Music with Richard Cox	**28** 10:00 AM - Reminiscing with Neighbors 1:00 PM - Card Club 3:00 PM - BYOB Resident Social
29 9:30 AM - Bible Study, Pat Coughlin 10:00 AM - Reminiscing with Neighbors 2:00 PM - Bingo	**30** 10:30 AM - Walking Club 1:00 PM - Card Club 1:30 PM - Birthday Social 3:00 PM - Danny Orzine	**Locations** Barkley Room (BR) River Club (RC)	**Dimensions** Spiritual Cognitive Social Physical Creative			

* Activities are subject to change

November 2026

Lakes of Paducah Senior Living

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 9:00 AM - Church TV 10:00 AM - Devotion 10:30 AM - walking club 1:00 PM - bingo 4:00 PM - sense-a-palooza	**02** 9:30 AM - Gentle Chair Yoga 10:00 AM - Devotion 10:30 AM - walking club 1:00 PM - Atlas Workouts 3:00 PM - Danny Orzine 4:00 PM - Sense-a-palooza	**03** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 11:30 AM - Pizza Party 1:30 PM - Music with Herb Estes 2:00 PM - pumpkin fishing 4:00 PM - Sense-a-palooza	**04** 9:30 AM - Gentle Chair Yoga 10:00 AM - Devotion and craft with david 1:00 PM - walking club 2:00 PM - crafts 4:00 PM - Sense-a-palooza	**05** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 2:00 PM - bingo 4:00 PM - Sense-a-palooza	**06** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 2:00 PM - crafts 4:00 PM - sense-a-palooza	**07** 9:30 AM - Gentle Chair Yoga 10:30 AM - walking club 1:30 PM - Velcro Darts 3:00 PM - Residents' Choice/ Hydration 4:00 PM - sense-a-palooza
08 9:00 AM - Church TV 9:30 AM - Gentle Chair Yoga 10:30 AM - walking club 1:00 PM - bingo 4:00 PM - sense-a-palooza	**09** 9:30 AM - Gentle Chair Yoga 10:00 AM - Devotion 10:30 AM - walking club 1:00 PM - Atlas Workouts 3:00 PM - Danny Orzine 4:00 PM - sense-a-palooza	**10** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 1:15 PM - Paint with Jacqueline 2:00 PM - ride through the park/ feed ducks 4:00 PM - Sense-a-palooza	**11** **Veterans Day** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 2:00 PM - pumpkin fishing 4:00 PM - sense-a-palooza	**12** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 2:00 PM - noodle tennis 4:00 PM - sense-a-palooza	**13** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 1:30 PM - bingo 2:30 PM - Music with Eric Barron 4:00 PM - sense-a-palooza	**14** 9:30 AM - Gentle Chair Yoga 10:30 AM - walking club 1:30 PM - Velcro Darts 3:00 PM - Residents' Choice/ Hydration 4:00 PM - sense-a-palooza
15 9:00 AM - Church TV 9:30 AM - Gentle Chair Yoga 10:30 AM - walking club 1:00 PM - bingo 4:00 PM - sense-a-palooza	**16** 9:30 AM - Gentle Chair Yoga 10:00 AM - Devotion 10:30 AM - walking club 1:00 PM - Atlas Workouts 3:00 PM - Danny Orzine 4:00 PM - sense-a-palooza	**17** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 2:00 PM - bingo 4:00 PM - sense-a-palooza	**18** 9:30 AM - Gentle Chair Yoga 10:00 AM - Devotion and craft with david 1:00 PM - walking club 2:00 PM - noodle tennis 4:00 PM - sense-a-palooza	**19** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 2:00 PM - crafts 4:00 PM - sense-a-palooza	**20** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 2:00 PM - cat dog baby time 4:00 PM - sense-a-palooza	**21** 9:30 AM - Gentle Chair Yoga 10:30 AM - walking club 1:30 PM - Velcro Darts 3:00 PM - Residents' Choice/ Hydration 4:00 PM - sense-a-palooza
22 9:00 AM - Church TV 9:30 AM - Gentle Chair Yoga 10:30 AM - walking club 1:00 PM - bingo 4:00 PM - sense-a-palooza	**23** 9:30 AM - Gentle Chair Yoga 10:00 AM - Devotion 10:30 AM - Walking Club 1:00 PM - Atlas Workouts 3:00 PM - Danny Orzine 4:00 PM - sense-a-palooza	**24** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 2:00 PM - pumpkin fishing 3:00 PM - Tour Of Italy/with spaghetti to follow 4:00 PM - sense-a-palooza	**25** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 2:00 PM - bingo 4:00 PM - sense-a-palooza 4:30 PM - thanksgiving meal with family	**26** **Thanksgiving Day** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 2:00 PM - pool tennis 4:00 PM - sense-a-palooza	**27** **Day after Thanksgiving Day** 9:30 AM - Gentle Chair Yoga 10:00 AM - devotion 10:30 AM - walking club 2:00 PM - corn hole 2:00 PM - Music with Richard Cox 4:00 PM - sense-a-palooza	**28** 9:30 AM - Gentle Chair Yoga 10:30 AM - walking club 1:30 PM - Velcro Darts 3:00 PM - Residents' Choice/ Hydration 4:00 PM - sense-a-palooza
29 9:00 AM - Church TV 9:30 AM - Gentle Chair Yoga 10:30 AM - walking club 1:00 PM - bingo 4:00 PM - sense-a-palooza	**30** 9:30 AM - Gentle Chair Yoga 10:00 AM - Devotion 10:30 AM - walking club 1:00 PM - Atlas Workouts 3:00 PM - Danny Orzine 4:00 PM - sense-a-palooza	**Locations**	**Dimensions** Spiritual Physical Social Cognitive Creative			

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